

# Maine Shared Community Health Needs Assessment

## District Summary: 2015


Midcoast District

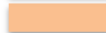
Updated: October 2015

Maine Shared CHNA Health Indicators	Midcoast	Knox	Lincoln	Sagadahoc	Waldo	Maine	U.S.
<b>Demographics</b>							
Total Population	147,591	39,550	34,088	35,013	38,940	1,328,302	319 Mil
Population – % ages 0-17	19.1%	18.6%	17.7%	19.9%	20.0%	19.7%	23.3%
Population – % ages 18-64	60.1%	59.7%	57.7%	61.3%	61.4%	62.6%	62.6%
Population – % ages 65+	20.8%	21.7%	24.6%	18.8%	18.6%	17.7%	14.1%
Population – % White	96.9%	97.0%	97.4%	96.3%	97.0%	95.2%	77.7%
Population – % Black or African American	0.6%	0.6%	0.4%	0.8%	0.5%	1.4%	13.2%
Population – % American Indian and Alaska Native	0.4%	0.4%	0.3%	0.4%	0.5%	0.7%	1.2%
Population – % Asian	0.6%	0.5%	0.6%	0.8%	0.5%	1.1%	5.3%
Population – % Hispanic	1.1%	1.1%	0.9%	1.5%	1.1%	1.4%	17.1%
<b>Socioeconomic Status Measures</b>							
Adults living in poverty	12.5%	10.8%	11.7%	11.1%	16.4%	13.6%	15.4%
Children living in poverty	18.5%	14.6%	19.8%	17.2%	22.2%	18.5%	21.6%
High school graduation rate	84.3%	86.2%	88.9%	77.9%	85.4%	86.5%	81.0%
Unemployment rate	5.5%	5.2%	5.9%	4.6%	6.1%	5.7%	6.2%
65+ living alone	38.9%	41.5%	34.3%	37.3%	42.3%	41.2%	37.7%
<b>General Health Status</b>							
Adults who rate their health fair to poor	14.1%	14.5%	12.5%	13.6%	15.9%	15.6%	16.7%
Adults with 14+ days lost due to poor mental health	11.3%	12.3%	11.8%	11.3%	9.7%	12.4%	NA
Adults with 14+ days lost due to poor physical health	12.3%	11.8%	11.3%	11.1%	14.8%	13.1%	NA
Adults with three or more chronic conditions	27.2%	24.9%	26.1%	29.4%	28.7%	27.6%	NA
<b>Access</b>							
Adults with a usual primary care provider	89.9%	88.5%	93.6%	90.6%	87.1%	87.7%	76.6%
MaineCare enrollment	25.4%	25.5%	23.6%	21.0%	30.7%	27.0%	23.0%
Percent uninsured	11.2%	13.0%	11.9%	8.0%	12.3%	10.4%	11.7%
<b>Health Care Quality</b>							
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,504.7	1,609.9	1,353.7	1,530.0	1,509.1	1,499.3	1458
<b>Oral Health</b>							
Adults with visits to a dentist in the past 12 months	65.2%	67.4%	66.8%	64.8%	62.2%	65.3%	67.2%
<b>Respiratory</b>							
Asthma emergency department visits per 10,000 population	53.1	60.8	49.3	50.5	50.9	67.3	NA
COPD hospitalizations per 100,000 population	183.0	153.7	175.5	238.0	180.7	216.3	NA
Current asthma (Adults)	10.8%	11.2%	8.3%	12.6%	11.2%	11.7%	9.0%
Current asthma (Youth 0-17)	6.5%†	9.6%†	3.1%†	6.7%†	5.7%†	9.1%	NA
<b>Cancer</b>							
Mortality – all cancers per 100,000 population	174.2	173.8	167.8	166.8	189.2	185.5	169
Mammograms females age 50+ in past two years	78.2%	78.4%	78.9%	84.9%	71.7%	82.1%	77.0%
Colorectal screening	69.6%	70.1%	75.0%	73.0%	61.2%	72.2%	NA
Pap smears females ages 21-65 in past three years	88.7%	89.6%	88.9%	90.6%	85.8%	88.0%	78.0%
<b>Cardiovascular Disease</b>							
Hypertension prevalence	35.9%	29.6%	37.9%	42.3%	34.9%	32.8%	31.4%

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High cholesterol	39.3%	37.6%	41.3%	39.8%	38.4%	40.3%	38.4%
<b>Diabetes</b>							
Diabetes prevalence (ever been told)	9.0%	8.0%	9.1%	9.5%	9.4%	9.6%	9.7%
Pre-diabetes prevalence	7.4%	8.0%	9.2%	6.6%†	5.9%†	6.9%	NA
Adults with diabetes who have had an A1C test twice per year	74.6%	NA	NA	NA	NA	73.2%	NA
<b>Environmental Health</b>							
Children with confirmed elevated blood lead levels (% among those screened)	3.3%	5.0%	4.5%	3.3%	1.3%	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	2.8%	2.0%	2.0%	1.4%	5.0%	4.2%	NA
Homes with private wells tested for arsenic	39.6%	47.4%	31.8%	38.9%	41.9%	43.3%	NA
<b>Immunization</b>							
Adults immunized annually for influenza	43.6%	41.9%	47.0%	47.0%	39.0%	41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	70.8%	69.3%	69.8%	74.4%	70.2%	72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	4.7%	5.7%	2.5%	3.0%	6.5%	3.7%	NA
<b>Infectious Disease</b>							
Hepatitis B (acute) incidence per 100,000 population	0.0†	0.0†	0.0†	0.0†	0.0†	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	2.7†	5.0†	5.9†	0.0†	0.0†	2.3	0.7
Lyme disease incidence per 100,000 population	203.5	267.2	240.0	182.6	125.5	105.3	10.5
Pertussis incidence per 100,000 population	66.9	45.4†	58.5	25.7†	133.2	41.9	10.3
<b>STD/HIV</b>							
Chlamydia incidence per 100,000 population	197.4	128.5	187.3	219.7	256.1	265.5	452
Gonorrhea incidence per 100,000 population	9.5†	7.6†	8.8†	11.4†	10.2†	17.8	110
<b>Intentional Injury</b>							
Nonfatal child maltreatment per 1,000 population	NA	NA	NA	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	16.3	15.2	20.3	15.2	15.5	15.2	12.6
<b>Unintentional Injury</b>							
Unintentional and undetermined intent poisoning deaths per 100,000 population	10.8	12.3	9.4†	7.1†	13.6	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	390.3	416.5	396.5	360.2	383.9	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	12.3	14.8	10.3	9.1†	14.6	10.8	10.5
<b>Mental Health</b>							
Adults who have ever had anxiety	17.1%	18.3%	16.0%	17.7%	16.5%	19.4%	NA
Adults who have ever had depression	23.0%	24.0%	23.0%	24.2%	20.8%	23.5%	18.7%
Co-morbidity for persons with mental illness	32.9%	26.2%	NA	NA	NA	35.2%	NA
<b>Physical Activity, Nutrition and Weight</b>							
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	21.8%	19.5%	23.7%	19.1%	24.8%	22.4%	25.3%
Obesity (Adults)	25.0%	24.3%	22.4%	24.4%	29.2%	28.9%	29.4%
Obesity (High School Students)	13.2%	NA	13.4%	12.8%	NA	12.7%	13.7%
Overweight (Adults)	40.1%	33.8%	40.8%	46.7%	40.1%	36.0%	35.4%
Overweight (High School Students)	17.8%	NA	20.7%	15.7%	NA	16.0%	16.6%
<b>Pregnancy and Birth Outcomes</b>							
Infant deaths per 1,000 live births	5.6	6.2	3.4	5.2	7.2	6.0	6.0
Live births for which the mother received early and adequate prenatal care	86.8%	88.5%	90.5%	90.5%	79.5%	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	24.2	24.5	20.0	22.5	28.4	20.5	26.5
Low birth weight (<2500 grams)	6.1%	6.6%	5.7%	5.2%	6.6%	6.6%	8.0%
<b>Substance and Alcohol Abuse</b>							
Binge drinking of alcoholic beverages (Adults)	15.6%	15.3%	16.9%	17.0%	13.3%	17.4%	16.8%

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Drug-affected baby referrals received as a percentage of all live births	6.8%	5.7%	10.7%	2.2%	9.6%	7.8%	NA
Past-30-day alcohol use (High School Students)	26.9%	NA	24.9%	29.0%	NA	26.0%	34.9%
Past-30-day marijuana use (High School Students)	25.1%	NA	22.8%	28.0%	NA	21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	1.7%†	2.4%†	1.6%†	1.8%†	1.0%†	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	5.7%	NA	4.1%	7.9%	NA	5.6%	NA
<b>Tobacco Use</b>							
Current smoking (Adults)	17.7%	24.5%	12.5%†	17.2%†	15.4%†	20.2%	19.0%
Current tobacco use (High School Students)	19.7%	NA	16.7%	24.0%	NA	18.2%	22.4%

 Indicates district/county is significantly better than state average (using a 95% confidence level).

 Indicates district/county is significantly worse than state average (using a 95% confidence level).

† Results may be statistically unreliable due to small numerator, use caution when interpreting.